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4th July 2005

Securities and Exchange Commission 450 Fifth Street, N.W. Washington DC 20549 U.S.A.

Dear Sirs

Premier Oil plc (f/k/a Premier Oil Group plc) Rule 12g3-2(b) Exemption: File No. 82-34723

In accordance with Premier Oil plc's exemption from the disclosure requirements under Rule 12g3-2(b) of the Securities Exchange Act of 1934, please find enclosed the following press release dated 1st July 2005:

"Board Appointment and Resignations"

Yours faithfully

Stephen Huddle Company Secretary

Enc.

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Press Release

PREMIER OIL PLC ("Premier")

Board Appointment and Resignations

Following announcements made in September 2004 and April 2005, Charles Jamieson and John van der Welle have resigned from the Board of Premier with effect from 30 June 2005.

As previously announced in April 2005, Tony Durrant has been appointed to the Board of Premier as Finance Director with effect from 1 July 2005.

1 July 2005

ENQUIRIES:

Premier Oil plc

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Pelham PR

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Background For Editors:

Premier Oil plc is a leading independent oil and gas company with producing interests in the UK, Indonesia and Pakistan. Exploration and appraisal is ongoing in the UK, South and South East Asia and Africa.

Premier's strategy is to add significant value per share through exploration and appraisal success, astute commercial deals and asset management. The company's operating business and strong finances put the company in the position to operate successfully in all reasonable external environments.

A drilling programme of up to 16 wells is in place for 2005. Both wells completed so far this year have been successful; the first, a flow test on an appraisal well on the Tiof field in Mauritania and the second was a discovery and flow test from the Al Amir-1 exploration well in Egypt. An appraisal of the Al Amir discovery is planned for later this year. In India, the Lakkhi-1 well commenced in April 2005 and operations continue. Further wells are planned to be drilled later in 2005 in Mauritania, Pakistan, Indonesia, Guinea Bissau, Gabon and Vietnam.